

My Timeline (Action Plan in Preparation for Flood)

“My Timeline” is an action plan chart for organizing the timings for disaster prevention action each of us shall take retroactively from the “zero hour”, when the disaster occurs. Be sure to comprehend how to acquire the flooding risk of the local area and severe weather preparation information and create your own timeline that suits your family structure and living environment (This page shows an example on the hypothesis of flood from rivers caused by a typhoon).

Try making your own “My Timeline”!!

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Family's "My Timeline"		Family members	Time course					Conditions		
			3 days before (Typhoon approaching)	2 days before	1 day before	Rain and wind get stronger with time	0 hour			
Administrative Information	Alert Level		Alert Level 1	Alert Level 2	Alert Level 3	Alert Level 4	Alert Level 5			
Meteorological Agency			Early warning information (Possibly "warning" class)	Advisory for heavy rain Advisory for flood	Warnings for heavy rain and flood, flood alert information, etc.	Flood danger information, landslide disaster alert information, etc.	Emergency safety warning			
My Timeline										
Points	Examples of what to carry	Things to confirm beforehand	<ul style="list-style-type: none"> Food and drinking water Battery charger Cash, bankbooks, signature stamp Slippers Masks, clinical thermometer Antiseptic solution for hands and fingers Cellphone Medications, medicine history handbook Towels Plastic bags Blanket 			<ul style="list-style-type: none"> Inundation height () m, distance to the flooding river () m Nearest designated evacuation shelter, (), is () m and () min. away Postulated shelter (1) () is () min. away, (2) () is () away Residence is (included / not included) in the sediment disaster caution area Evacuation route is (included / not included) in the sediment disaster caution area 			Information resources	Evacuation judgment
						Weather information		[Evacuation switch for our household]		
						Water level information of the river				
						Evacuation information				

Example Fill in the “My Timeline” format above referring to the example below!

Moroyama Family's "My Timeline"		Family members	Time course					Conditions
			3 days before (Typhoon approaching)	2 days before	1 day before	Rain and wind get stronger with time	0 hour	
Administrative Information	Alert Level	Husband: Taro Moroyama (40) Wife: Hanako Moroyama (35)	Alert Level 1	Alert Level 2	Alert Level 3	Alert Level 4	Alert Level 5	Residence is within the estimated inundation area, with expected maximum inundation height of 5.0 m. A sister lives in the adjacent town (outside of the estimated inundation area).
My Timeline		Child: Ichiro Moroyama (7) Mother: Yuzuko Moroyama (68)	<ul style="list-style-type: none"> Prepare things to carry Bring things outside that could be blown away inside the house Check evacuation route on hazard map Change into easy-to-move clothes Inform sister (of the possibility of evacuation) 	<ul style="list-style-type: none"> Check basic medication 	<ul style="list-style-type: none"> Start evacuation Start evacuation towards sister's house while notifying the neighbors. 	<p>[Guidelines]</p> <ul style="list-style-type: none"> If the family includes children, the elderly, or other members that require extra time to evacuate, start evacuation at "Alert Level 3". If the shelter is located far away and needs time to get to, also start evacuation at "Alert Level 3". 	<ul style="list-style-type: none"> Evacuation to sister's house with all four of the family members completed! * If sister's house also becomes dangerous, evacuate to the top floor of the station building. 	<ul style="list-style-type: none"> [If failed to evacuate] Take the best course of action to protect your own life.
Points	Examples of what to carry	Things to confirm beforehand	<ul style="list-style-type: none"> Inundation height (5) m, distance to the flooding river (200) m Nearest designated evacuation shelter, (Moroyama Elementary School), is (1200) m and (15) min. away Postulated shelter (1) (Sister's house) is (20) min. away, (2) (Designated emergency evacuation areas) is (15) away Residence is (included (not included) in the sediment disaster caution area Evacuation route is (included (not included) in the sediment disaster caution area 			Information resources	Evacuation judgment	
						Weather information		[Evacuation switch for our household]
						Water level information of the river		Evacuate to sister's house if "Alert Level 3" is issued.
						Evacuation information		

Write down what can be done in advance

Write down the timing of evacuation

Designate the information sources

“Alert Level 3” may not be issued in some cases, swiftly take evacuation action as soon as you sense danger to your house.